

REFLECTION BEGINNING WITH A TEXT OR ARTIFACT FROM CULTURE OR TRADITION

IDENTIFYING

1. The group agrees to use a text or artifact that has been presented by a member or selected by the group.
2. Explore the text or artifact carefully. If it is in printed form, read it. Examine it carefully if it is an object of art. View it in its entirety if it is a film or television program.
3. If the scope of the text is broad, narrow the focus. Concentrate on a manageable and well defined portion of the text so that your reflection will not be too diffused. If you are working with a film, a long piece of fiction, etc., you may wish to concentrate on a scene or sequence, a character or group or characters, or a dramatic theme.

EXPLORING

4. Respond to the text or artifact by exploring it, using the following questions:
 - What is this world like?
 - What counts for negative in this world?
 - What calls us up short in this world?
 - What evidence is there of a change of heart or mind here?
 - What are the causes for celebration in this world?
5. a. If the original text or artifact was from the **Culture** source, brainstorm related scripture passages and other related pieces from the **Tradition** source. Select one and explore it using the questions in Step 4.

b. If the reflection began with a text or artifact from the **Tradition** source, move to the **Culture** source by generating culture-based messages that speak to the matter at hand. Select one and explore it using the questions in Step 4.

CONNECTING

6. Compare and contrast the world of the text and the source you explored in Step 5.
7. Explore the **Action** source. What incidents from your own life does this reflection evoke for you? Each person may share his/her

experience.

8. Explore the **Position** source. What do you believe or affirm about what you have encountered in this reflection?

APPLYING

9. Identify insights. What have you learned?

10. Identify implications for action. What are you called to do? Who will support you or what help will you need to fulfill your intentions?