

EFM TR reflection in motion - Drop Sheet 1

Step 1. The Heart of the Matter

Step 2. The Moment of the Focus

Feelings

Thoughts

Step 4. Generating the Metaphor/image

Drop Sheet 2

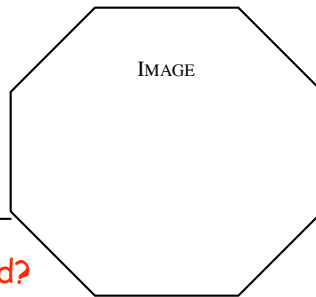
The image or metaphor

Write, or better still, draw it to fill the sheet, and place it in the centre of the room so that the whole reflection moves around it.

Drop Sheet 3 'Exploring the world of the metaphor' Step 5

Creation: What is this world like?

Judgement: What reveals new learning? What sheds new light?



repentance:
What might bring about a change of heart?

Sin: What diminishes this world?
What is sinful or wrong in this world?

Salvation: What restores this world?
What bring's about healing?

Optional sheet

The Culture Source

Place this sheet in the culture section of the room and allow people to note culture related thoughts on it as they occur.

Optional sheet

The Position Source

Place this sheet in the position section of the room and allow people to note position related thoughts on it as they occur.

Optional sheet

The Tradition Source

Place this sheet in the tradition section of the room and allow people to note tradition related thoughts on it as they occur.

Helpful tips

- There is some flexibility about how much you use paper in this approach. It can be an opportunity to free the group from some of the clutter and constraints of writing everything down, but if nothing is recorded key insights and connections will probably be lost. Facilitators will need to decide how much they want to record, and experiment until they find the right balance for each group.
- Always have the list of steps displayed, so people can identify where they are in the process
- It may be helpful to locate each of the four sources in a *corner* of the room, rather than at one side.
- There is no specific step in this approach that brings in the tradition source, or any of the sources other than action. If the group fails to make connections with any one of these sources spontaneously, the facilitator may have to challenge them to do so.
- One of the strengths of this approach is that it helps people to identify how the four sources interact in reflection, and how they personally relate to each of them.
- Always have bibles available
- Have an insights sheet available or another method for people to register insights as and when they have them - especially note insights often get generated when judgement perspective questions are asked.
- Give people the opportunity to reflect upon the implications for action - it may be something for a single individual or something for the group. It is something that needs to be realistic, achievable and measurable.
- Try to encourage various people to have responsibilities e.g, someone to record insights, someone to take responsibility of the time and to move people forward, someone to scribe on the drop sheets, someone to set up the drop sheets, someone to display the necessary drop sheets etc.

- Try to work towards generating the metaphor in the first 15 mins - and fully prepare the presenter of the piece of action, so that they clearly know it is something resolved but significant for them, and that they will present it in the 1st person in less than 2 mins.
- Try to use various techniques and try new approaches - TR's are 'holy' and 'moments of grace' so develop helpful ways of enhancing this.
- Remember there are many types of perspective questions that you can use. Perhaps replace normal 'Salvation' questions with, 'What would evangelise this world?' or for 'Sin', 'What is the individual sin?' or 'What is original sin here?' You might introduce the repentance questions, 'Where is repentance present?' or 'What might bring about a change of heart?'
- If the TR becomes 'stuck' or goes wrong, then go back to basics and see if there is something in the process you have failed to do. Things 'go wrong' when something is happening in the process of the TR or in the process of the group.
- **And remember to work through the Metaphor - get away from the 'gift' of the original presentation. The Metaphor is the vehicle the whole group has chosen to have conversation between the four sources.**