

# **Microscope Steps**

- 1. Present an  
incident (action)**
- 2. Shifts – choose the  
focus**

3. Feelings and thoughts

4. Personal identification with the feelings

5. Creating a metaphor

6. Exploring the world  
of the metaphor

7. Exploring Tradition

8. Compare and  
contrast the world  
of the metaphor  
with Tradition

9. Culture

10. My Position

11. Insights?

12. Implications for  
Action