

What you need to know

EfM originates from the US Episcopal Church and is ecumenical

The UK division of EfM is a non-profit making trust

The basic accredited mentor training lasts three days, is fully residential and currently costs £225

You need to have experience of group work and some theological awareness

If accredited you will be given the help required to establish a group in your locality

You undertake the studies with the students unless you have academic qualifications in theological studies

You are reimbursed each year for every enrolled student in your group - the current rate is £55 per student, plus an annual grant for training materials.

You will join a network of mentors and develop useful adult educational skills, which can be transferred into other areas of life and work.

You commit to returning regularly for ongoing residential training, currently costing £175

Go to the EfM UK website and download a mentor training information pack, complete a booking form and send it to the administrator

www.efmuk.org.uk

or ring the administrator on 01252 621639 for further assistance.



Efm
exploring faith matters

Become a mentor

Training to be a mentor provides the opportunity for other people to grow.

Are you being called to this ministry?

Could you mentor an EfM group in your region?

Basic Mentor Training

EfM has been using Stanton House recently for mentor training. It is a very well run retreat house at Stanton St John, Oxford (www.stantonhouse.org.uk) that offers the right environment for training. It is very central for people in the UK to access.



EfM uses experiential learning as its model for training. As an ecumenical programme we welcome people from all traditions to come to our trainings. Basic mentor training helps people to learn about EfM and provides the basic resources to start a group. At the heart of EfM is the four source model of theological reflection that EfM is internationally recognised for. Trainees learn how to deliver a basic method of theological reflection and learn about group process and the

development of facilitating skills.

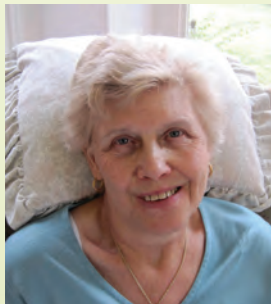
We encourage those who have institutional roles in the church to avail themselves of our training. It would be helpful for those engaged with adult education or spiritual formation. Clergy, especially those in training or in the early years of their ministry would gain many insights, as would lay people in public ministry such as Readers, lay preachers or other home group leaders.

Basic mentor training is about equipping people, who have the passion and basic skills, to run an EfM group in their area. Mentors are given a small allowance that covers the cost of materials and ongoing training, so a mentor should never be out of pocket. Anyone interested in seeing the personal growth of established Christians, especially those who are ready for 'meat and not milk', should consider EfM one of the means to achieve this.

The cost of mentor training for first timers is £225, though existing mentors only pay £175. As a three-day residential programme this is exceptional value and only achievable because EfM, in the UK, is a registered charity and a non-profit making Trust. Our purpose is to equip the church to become theologically literate, skilled in reflection and facilitation and to enable personal growth for application in life ministry.

Here are some of the thoughts and reflection of some of the people who attended the recent mentor training:

I am Reader in the Church of England and want to branch out into mentoring adults at a deeper and more academic level than I can in my local church. EfM takes a holistic approach to Christian Education, which appeals to me. The training was very enlightening, challenging and enjoyable.



Celia Cope



Paul Bolland

I have been attending the Fleet evening EfM group for the last 18 months and have very much enjoyed the studies and the group work. I decided to attend the mentor training in order to develop my skills in the hope of starting an EfM group when I move later this year to Zurich. I have very much enjoyed the mentor training at Stanton House.

I feel I am becoming dry. How can I find purpose and energy again?

I want to professionally develop in my appreciation of how adults learn.....

I need a resource to help established members in my church to grow.....

What would help my colleagues to continue their theological learning?

I did theological reflection years ago but it meant nothing.....

I want to learn with people of different traditions.....

I'm in a home group but where do I go to learn more?

I am not a child. I am an adult and to be treated like one.

March 2011 Mentor trainees with Gary O'Neill their Trainer



Jackie Calow

I'm a fourth year EfM student and third year Anglican Ordinand. I'm continuing to explore faith matters alongside and together with others who are in the role of an EfM mentor. In mentor training I've gained an insight into the heart of EfM and what 'everyday life experiences lived together in a relationship with God', actually means. I want to encourage others to explore EfM mentoring so that a creative, mutually supportive environment is available over a greater area of the UK.



Janita Goodwin

I completed EfM's four year course in 2000. I came to the mentor training to observe the training process, as I am on the EfM Management Group. The supportive and detailed tutoring meant that the learning opportunities were very rich. To share knowledge with those who began as strangers meant that new experiences and insights instantly occurred - riches beyond price.

I live in Diggle, a village in Saddleworth, where I attend Kilngreen Church. Kilngreen is one of three separate worship centres for St. Chads, Saddleworth (part of the Saddleworth Team). I am in my

second year of EfM study and decided to attend the basic mentor training in Oxford to learn more about Theological Reflection. I enjoyed the weekend very much, especially meeting other students, and feel I learned a great deal both about TR and EfM in general. I am hoping that in the future I will be able to do some co-mentoring in my current EfM group, and then maybe attend another training in about a year's time with a view to achieving accreditation.



Janet Iles

As a mentor of two groups I realize how essential EfM's expectation is to return every 12 - 18 months for ongoing training. Meeting with people new to the programme seeking accreditation as mentors or those who have been mentoring for some time, is always a great joy. EfM mentor training develops people in their awareness of how adults learn. It is one of the few experiential learning opportunities that I know of. The skills I learn in mentor training are very transferable. Anyone attending mentor training will be able to use their learning in their personal and professional life, regardless of whether they proceed on to becoming a mentor.



Haydon Wilcox

Implications for action

If you want to register for mentor training please contact our administrator, whose details are on the rear page. We have three basic trainings each year. In addition we run mentor training to order in any part of the UK for 6 - 8 people. At a reduced cost we can run non-residential training in the location of your choice. We can also provide introductory taster events for people to learn about EfM